

# **Gloucester Athletic Club**

## **Presents the Summer Open Graded Competition at**

**Blackbridge Jubilee Athletics Track, Podsmead Road, Gloucester, GL2 5AB  
On Sunday 28<sup>th</sup> April 2024**

**(HELD UNDER UKA RULES)**

**FINAL Timetable (Please see Start Lists on [www.gloucesterac.co.uk](http://www.gloucesterac.co.uk) for specific heat times):**

### **TRACK**

<b>Time</b>	<b>Event</b>
11am	60m (U11s only)
11.18am onwards	100m
12.54pm onwards	600m (U11s only)
1.07pm onwards	800m
2.20pm onwards	200m
3.56pm onwards	1500m
4.47pm onwards	400m (U17 and above)
5.12pm onwards	3000m

All track events are open to Para-athletes.

### **FIELD**

<b>Time</b>	<b>Event</b>
12pm	Discus
1.15pm	Long Jump Group 1 (U11 & U13)
2.30pm	Shot Put
3.45pm	Long Jump Group 2 (U15 and above)

**(All field event athletes will have four trials – Maximum 15 athletes per group)**

## **REGISTRATION**

The registration desk will be in the shelter on the first bend of the track, open from 10.00am onwards. If the weather is poor, it will be moved into the clubhouse. Please collect your number in plenty of time before your event, races will NOT be delayed due to latecomers.

## **PARKING**

This is different to our usual events as there will NO PARKING on the field by the clubhouse due to construction work. Disabled parking (blue badge holders) will be directly by the clubhouse. PLEASE DO NOT try and park by the clubhouse unless you are a blue badge holder, as you will be asked to move.

The car park can be accessed by the lower gate on Podsmead Road (GL2 5AB), but please be aware that there is limited space. If the car park is full, you will need to find alternative street parking away from the track. Please park sensibly so that we do not upset the local residents.

## **RACES**

Please be aware of your specific heat time and make sure you arrive by the startline 5 minutes before the start of your scheduled race and listen for announcements. **Races will not be delayed by latecomers.** If you have a timetable clash with a field event, the track event takes priority. Please make the Field Event officials aware that you need to do a track race. Club vests/kit does not have to be worn.

A huge amount of time and effort has gone into putting athletes into the most suitable race, based on the times/performances that were provided. If you feel strongly that you are not in the correct race for your ability, contact Steve on [gloucesteracopen@outlook.com](mailto:gloucesteracopen@outlook.com) but **please understand that it might not be possible to change races.**

## **RESULTS**

Event results will be posted as soon as possible in the shelter, by the registration desk. Please don't distract the timekeepers and officials, as they are performing a vital role! Published results will be posted on [www.gloucesterac.co.uk](http://www.gloucesterac.co.uk) the day after the event. With thanks to Gloucester Athletics Track Management (GATM) for their support in hosting this event.

Any queries, please email Steve on [gloucesteracopen@outlook.com](mailto:gloucesteracopen@outlook.com)