

# Athletics Officials Courses

## LEVEL 1 ASSISTANT OFFICIAL

### Who should go on this course?

Anyone aged 14 or over interested in gaining an insight and introduction to the key areas of officiating that will enable them to assist at track and field meetings under the supervision of a qualified UKA Technical Official.

### What will I learn?

Delivered as a single workshop of four hours in six sections with both theoretical and practical elements covering:

- The responsibilities and role of an Assistant Official
- Measuring and recording times and distance
- Making, sharing and recording judgements
- Ensuring safety and reporting concerns
- Communicating with athletes and other officials
- Following procedures and applying basic rules

### What will I be able to do?

After completing the course candidates will need to gain experience by attending a minimum of two athletic meetings (assisting a qualified Official), completing a Recorded Evidence Form detailing each meeting and have this signed by a qualified UKA Technical Official. These experiences can also be gained at a schools' athletics meeting, signed off by the appropriate teacher.

In addition, a DBS check should be undertaken by anyone aged 16 or over or a Self Declaration for those under 16. Subject to completion of this and the above experiences a Level 1 Assistant Officials Licence will be issued.

### How can I request a course?

Please contact the Education Coordinator for your area. Go to [www.englandathletics.org/your-area](http://www.englandathletics.org/your-area) and click through to your region where their details are available in the 'About us' section.

England Athletics will provide the tutor, all course administration, and resources for each candidate. All we ask of you is to supply the venue and equipment detailed below:

- Classroom or meeting room with digital projector and screen, flipchart and pens
- Indoor/outdoor activity area
- Stopwatches and measuring tapes (one between two candidates)
- Relay batons, javelin (actual or soft-play), shot put / balls
- High jump stands and bar
- Long jump pit / mat plus rake and take-off board.



Get an insight on being an official



BRITISH  
ATHLETICS



for more information visit: [www.englandathletics.org/courses](http://www.englandathletics.org/courses)