



# **GLOUCESTER ATHLETIC CLUB**



**PRESENTS THE SPRING OPEN GRADED COMPETITION  
ELECTRONIC PHOTO FINISHING TIMING**

## **WHEN?**

**SUNDAY, 28TH APRIL  
2024**

## **WHERE?**

**BLACKBRIDGE JUBILEE ATHLETICS TRACK,  
PODSMEAD ROAD,  
GLOUCESTER,  
GL2 5AB**

## **HOW TO ENTER?**

**ENTRIES VIA DEDICATED PAGE ON GLOUCESTER AC &  
RACE-RESULTS WEBSITE BELOW:**



**WWW.GLOUCESTERAC.CO.UK  
WWW.RACE-RESULTS.CO.UK**

**ENQUIRES TO GLOUCESTERACOPEN@OUTLOOK.COM  
ENTRY FEE £8.00 PER EVENT + £5 FOR EACH  
SUBSEQUENT EVENT.**

**.80P BOOKING CHARGE WHICH IS TAKEN BY ENTRY  
WEBSITE.**

## **CLOSING DATE**

**MIDNIGHT ON 25TH APRIL 2024.**

**STARTING LIST AND FINAL TIMETABLE  
WILL BE PUBLISHED ON WEBSITE AFTER  
THIS TIME.**



# FURTHER INFORMATION

## **UKA RULES APPLY!**

**UKA RULES APPLIES ATHLETES IN SOME AGE CATEGORIES ARE NOT ALLOWED TO COMBINE CERTAIN EVENTS ON THE SAME DAY. IF IN DOUBT, CHECK WITH YOUR COACHES.**

## **WHERE TO PARK?**

**ACCESS TO BLACKBRIDGE JUBILEE ATHLETICS TRACK CAR PARK WILL BE VIA THE LOWER GATE ON PODSMEAD ROAD.**

**POSTCODE: GL2 5AE**

**DISABLED ATHLETE MAY ENTER THE DEDICATED CAR PARK VIA THE UPPER GATE ON POPLAR CLOSE, WHICH IS CLOSER TO ACCESSIBLE FACILITIES.**

**POSTCODE: GL1 5TX**

## **VERY IMPORTANT!**

## **RACES GRADED!**

**RACES WILL BE GRADED SO IT IS ESSENTIAL THAT PERSONAL BEST OR EXPECTED PERFORMANCES ARE GIVEN ON THE ENTRY FORM!**

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## SPRING OPEN GRADED MEETING TRACK TIMETABLE



TIME	AGE GROUP	EVENT
11:00am	U11s Only	60m
11:20am	ALL	100m
12:45pm	U11s Only	600m
13:15pm	ALL	800m
14:45pm	ALL	200m
16:00pm	ALL	1500m
16:45pm	FrameRunners	1500m
17:00pm	u17+ & up	400m
17:30pm	ALL	3000m

ELECTRONIC PHOTO FINISHING TIMING

ALL TRACK EVENTS ARE OPEN TO PARA-ATHLETES.

ALL TRACK EVENTS WILL BE GRADED

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## SPRING OPEN GRADED MEETING

# FIELD TIMETABLE



TIME	AGE GROUP	EVENT
12:00pm	ALL	Discus
13:15pm	U11 & U13	Long Jump
14:30pm	ALL	Shot Put
15:45pm	U15 & Above	Long Jump

**ALL FIELD EVENTS ATHLETES WILL HAVE FOUR TRIALS -  
MAXIMUM 15 ATHLETES PER GROUP.**